

WALK WITH A SCHOLAR (WWS)

NEW INITIATIVES IN HIGHER EDUCATION
DIRECTORATE OF COLLEGIATE EDUCATION
DEPARTMENT OF HIGHER EDUCATION, GOVERNMENT OF KERALA



MES PONANI COLLEGE PONNANI SOUTH

ACTIVITY REPORT 2018-19

Staff council for the constituting college level monitoring committee for the selection of mentors and mentees

A staff council was convened on 4th August 2018 at Management room to select internal mentors for WWS programme for 2018-19 from first and second year UG students. Respective tutors were given the responsibility to select highly enthusiastic, highly motivated and academically talented students from their concerned wards by monitoring curricular and co-curricular track records.

Induction Programme for 1st year Mentors

An induction programme was convened for first and second year mentors on 03/10/2018 to give a general awareness on walk with a scholar programme. An introductory session was given on the vision and mission of WWS programme in colleges. Six mentees were allocated to each of the ten mentors, 5 from UG 1st year and 5 from UG 2nd year respectively. Had a detailed action plan for the internal mentoring activities



Interaction with first year Mentees:

1st year mentees meet was convened on 24/09/2018 at college conference hall at 03.30 pm. There was an ice breaking session in which students made a self introduction and shared their interest, aptitude, ambition and hobbies. The students were divided in to 5 groups with 6 members each as per their interests. Two peer coordinators were selected namely Ashwanth from 1st Geology and Shamna from 1st B. Com.



Interaction with second year mentees.

2nd year mentees meet was conducted on 11/10/2018 at 01.00 pm at conference hall. 28 mentees attended the meeting. Walk with a Scholar was introduced in its full depth and swing as a promising venture of New Initiatives in Higher Education. Students made a self introduction and they shared their strength, weakness, dreams and aspirations. Had a brain storming discussion so as to structure one year activities. Identified the areas where external scaffolding was inevitable.



External Mentoring for first and second years:

- First external Mentoring for first year mentees was convened on 03/11/2018, Saturday at college conference hall 25 mentees attended the session on Communicative English training. Mr. Nishad Ahammed . C.. V. handled the 5 hour session. A communicative English class was given for second years also on 04/11/18 by Mr. Nishad Ahammed C. V at conference hall from 09.30 to 03.30. Apart from our mother tongue we need to have a common language which makes us able to communicate with other part of the world. English is the common language which is known to most of the people in the world. It is very important to have good English because an effective communication can reach people better. It was a wonderful session in which students were given complete awareness on the importance of English as a global language, The trainer ensured that each and every students could get the easy tips for basic communication. In the afternoon session they had a conversation between each other so as increase the confidence.



- A 5 hour session on civil service orientation was given by Sri. Nimshid P. K. on 29th and 31st December 2018 for both second years and first years respectively. The session was completely successful in removing all the taboos associated with civil service exam and was successful in inculcating confidence among the mentees. Civil service is known as the mother of all exams. In the afternoon session he introduced the prelims and general papers focusing on the recently added ethics paper in more detail. He also shared his personal experience in interview with the probable questions and answers



- An Interpersonal skill development session was handled by Mr. Alex Mathew on 05/01/2019 and 12/01/2019 at conference hall for first and second years. The session was highly beneficial as it was an whole day interactive session including caring, sharing and improving. The students were given firsthand experience on personality and soft skill development too. The session exceeded beyond 5 hrs and the mentees were very keen to hear from him.



- Another session was handled by Sri. Abhishad Aziz , Motivational speaker and skill trainer on 19/01/19 and 20/01/2019 on the topic 'Essential skill development'. The 5 hour session was completely participatory for both the mentees. Both sessions demanded student participation and interaction. The whole session was based on inculcating 5 cs which include compassion competence character communication and consistence. The speaker was completely successful in inculcating these core values and drawing the attention and heart of the mentees.



- A career guidance class was given to first years on 02.02.19 by Sri. Luquman CIJl trainer. He introduced various career opportunities for both arts and science streams. It was a fruitful and

worthwhile session as students are given insights on integrated PhD, PG and research opportunities and scholarships in various central universities and colleges in and out of the country. The Career Counselling thus was a process that focuses on helping one understand one's own self, as well as work trends, so that one can take an informed decision about career and education.



- The second year mentees were given workshop on electrical equipment maintenance on 09/02/2019 where students were given hands on training and first hand experience on the repair and maintenance of various household equipments like Mixer grinder, Mosquito bat, electric motor, torch, house hold electrification and many more[. The workshop was 100 percent success in terms of participation and students interests.The Zaksis team led by Mr. Nasif gave the necessary instructions and technical knowhow.





- On 06/01/19, Sri. Alex Mathew handled a three hour session on Basic interview skills and had mock interview for selected 15 students due to time constraint. Students were given basic orientation on the tips to be taken care while facing interview. A three hour completely worthwhile session. There was student demand for more sessions of this sough giving practical experience.



Internal Mentoring for first and second years

- 100 hours internal mentoring was successfully completed by all the ten internal mentors, five mentors for first years and five mentors for second years. Six students were allotted to each mentor. They handled different sessions like communicative English, critical analysis of books, writing essays, introduction of higher education opportunities, seminar competition and so many

Distribution of WWS books to Mentees

- A lump sum of 129 books were bought for all the 60 students for Rs. 60,000/- on 09/02/2019. The books cover varying heads like motivational, general, political, science and technology related and many more. The books worth Rs. 500 were distributed to students as per their aptitude and a ledger is maintained in this regard.





Motivation Visit to Hyderabad

On a fine sunny morning a group of thirty bright students milled around excitedly around a bus. The morning of the 22nd of February, a Friday, the students of M.E.S Ponnani college was thrilled to embark on a motivational visit to Hyderabad, a cultural, technological, educational head of south India. The journey started at 9.30 mornings and after almost nineteen hours of travel, the pack reached safely albeit a little tired the next morning. The enthusiasm of the students was evident in their happy smiles and confident mood as we set out for the first mission of the day.



EFLU and Osmania University

The English and foreign language university sat proud over an area of greenery and in subtle excitement over all the young minds it would inspire that day. The student's faces were lit up in awe at the very atmosphere of the university, and it was simply a pleasure to watch them get inspired to be a part of something that in a way seemed to bring the world together. The group huddled together and listened fascinatedly as a trio of students mastering in various courses at the EFLU shared their experiences and described the university on a personal level. They nodded at each and smiled as they heard of trend setting courses like the COP, DOP and ADOP. Way

back we headed to Osmania University and had interaction with students and research scholars over there



Ram Mohan Library (EFLU)

They wandered around the vast library soaking in the ambience and the atmosphere. The university seemed to be opening our minds a bit more to a world that ran in a million languages and to be surrounded by people that learned and communicated in several of these ways in more than one way, motivating. The students filed back into the bus, their eyes dreamy and their minds dreaming.



Places of Historical Importance

The next day, the students visited the historical centerpieces of Hyderabad. They visited the mecca masjid, the Charminar and the Golconda fort in that order. They stood in curious little groups, observing the sites and taking in the ancient, beautiful architecture. They had a gleam in their eyes as they walked through the Golconda fort, imagining the raging wars that must have brewed around it.

Hyderabad Central University

Although the light in the student's eye faded a bit as I mentioned it was their last day, they seemed to rejuvenate and transform as the bus pulled into our final destination: The Hyderabad central University. The breathtaking expanse of the whole university left the young minds in awe and they enthusiastically separated to department related groups. When all the departments

gathered together after an educational trip through the well-equipped labs, they were eager to share what they learned.

The students visited School of Chemistry, School of Physics, School of Earth Science, School of Life Sciences and School of Management. The schools provided platform for faculty interaction where the students were given detailed picture on courses and facilities in the department as a whole. The research scholars quenched the thirst for knowledge of the mentees by explaining in detail the research going on in each department and the instruments in details. There was interaction with post graduate students from south India. This paved way for enhancing their desire in joining for PG in Central universities and national institutes.



Students were initially given orientation class on various courses as well as internship programmes running in the university. Then they were divided in to groups so as to visit their concerned departments led by teachers and research scholars



On the way back home each student took turns recollecting their favorite parts of the trip. Many friendships were formed and many memories made but in unison they seemed to agree that they had fulfilled the motto of the trip: the group had returned motivated.

I cannot express my gratitude in the form of words for this wonderful programme by New Initiatives in Higher Education under the government has taken upon bearing the future of such bright young minds. So many brilliant students lack direction and guidance, and end up doing menial works in fields that are so far beneath their caliber. This trip has enlightened not just the students but the learners lying dormant in all our hearts.

Internal Mentors Report

Walk With Scholar

MES Ponnani College

Report of Walk With Scholar Programme 2018-19

Name of the Mentor: Sameera Haneef

I, Sameera Haneef, of MES Ponnani College got six second year UG students from English and Zoology as mentees this year. They are

- 1) Sreya Anand
- 2) Hala Hanan
- 3) Sahla P
- 4) Sreehari M
- 5) Hafish Mohammed PP
- 6) Nada Majeed

The first meeting of WWS was held on 30-10-2018, and it was a session designed to create a rapport with the students. A WhatsApp group was created for the easy and continuous communication. Gave them the primary lessons of self introduction in that session. Insisted them to write a personal letter to me. All of them did it with sincerity, and it was very helpful for me to understand the students in a better way.

The second meeting was on 05-11-2018 and it was about career opportunities and setting goals. The third session on 12-11-2018 stressed on the importance of communication skills in English. Gave them tips to improve their English language.

In the fourth session on 28-11-18 was meant for giving assistance to prepare food C.V. Gave them an assignment to prepare C.V. The fifth one on 5-12-2018 was a personal session which was helpful for them to overcome their mental tensions. This would be useful for the students to have a better social life.

In the sixth session (10-12-2018) we had discussion on time and stress management. They all acted in the simulated situations of mock interviews. In the seventh (08-02-2019) session we discussed some common essay and speech topics. It was a vibrant discussion on major social issues.

We also had discussions on cyber crimes and opportunities in cyber world, gender issues and the need for women empowerment and impact of social media among youth in our eighth (12-2-19), ninth (15-2-19) and tenth 21-2-2019 respectively.

All the students actively participated in all sessions and opined that it was really beneficial for them.

Name of the mentor: Shabeer. K

Walk with Scholar, one of the important Ventures of Kerala government in higher education sector worked efficiently in our college. Behalf of this Program there were six undergraduate 3rd semester students were allocated to me for internal mentoring. 4 of them studied BA Economics course, 1 among BSC Physics and the other one studied BBA course. As an internal mentor firstly I realized my role as

an internal mentor and I tried my level best to fulfill the objectives of the programme. Under my supervision conducted 10 internal mentoring sessions throughout the academic year.

At the beginning session start with the self introduction of the mentees. Each mentees introduce themselves. It will take 1 hour. In the second session we conduct open interview. Mentees prepared themselves for the detailed presentation and they also prepare questions to conduct mock interview. It's effective and they attended the interview seriously. It will take 1 hour.

On the 3rd session mentor give a brief idea about prepare biodata. Later mentees prepare their own biodata. Mentor correct simple mistakes. It concedes 1hour. In the 4th session we conduct group discussion. Firstly mentor divides the mentees in to two groups. Mentor gives a topic related to constitutional morality. The activity takes 1 hour time. In the 5th session mentor gives a topic to mentees related to value education and ask them to write an essay. It also takes 1 hour.

In the 6th session we conduct a debate with another was group in our college. The topic was gender inequality. Mentees actively participate the session. It will take 2 hours. In the 7th session mentor asks to the mentees to review one of their favorite film. Mentees happily engaged the task. Each of wrote beautiful reviews. It will take 1 hour. In the 8th session mentor asked the Mentees asked to write a letter to the wws state co-coordinator for the improvement of this program. Mentees gives their own suggestions. It will take 1 hour. In the last internal session of this academic year mentor and Mentees sit together and discussing their career opportunities. Mentor introduces some of the best educational institutions to the mentees for their future studies. Mentees also share their worries for their academic career. It took 1 hour.

It is a nice experience as an internal mentor. At last mentor and 5 Mentees meets in canteen and discuss about the program and collect the feedback with coffee and snacks

Walk With Scholar

Report of internal mentoring sessions 2018-19

Name of the internal mentor:

Raheena K M

Assistant Professor

Department of Commerce

MES Ponnani College

Names of Mentees :

- | | |
|----------------------|------------------|
| 1. Anusha M A | First year B Com |
| 2. Anjitha Krishna R | First Year B Com |
| 3. ShammaNazrin, M | First year B Com |
| 4. Sreeraj K M | First Year B Com |
| 5. Shaikha K P | First Year B B A |
| 6. Shafna K P | First year B B A |

Session 1: 24/09/2018 3.30PM – 4.30 PM

First session started with a formal introduction followed by a description about the importance of internal mentoring and a discussion on the activities that are to be carried out.



Session 2: 12/10/2018 3.30 PM -4.30 PM

In this session mentees are given an opportunity to expose themselves. It is a practical session on self introduction. This session helps the mentees to share their views, attitudes etc. some tips to improve the skill of self introduction was provided.





Session 3: 29/11/2018 3.30 PM – 4, 30 P M

It is a personal counselling session in which individualised counselling was given to the mentees. Mentees are given the opportunity to share all their problems both personal and academic. 20 minutes are given for each mentees.



Session 4: 05/12/18 3.30 P M – 4. 30 P M

This session was a continuation of the earlier session in which the remaining three mentees are personally attended. This sessions were very useful to both mentor and mentees. Mentees got an opportunity to share their personal and academic issues in a confidential atmosphere. It provided directions to the mentor regarding the extent of mentoring provided to each mentees.



Session 5: 14/12/2018 3.30 P M – 4. 30 P M

“Communication is the key to successful relationships, Active listening is the key to successful communication.” This is a session on effective communication. The various problems that affect the effectiveness of communication and the ways through which these problems can be solved was discussed in a practical way.

Session 6: 02/01/2019 3.30 P M – 4. 30 P M

“ Set your goals high and don’t stop till you get there.” This session was on set your goals and make them happen.



Session 7: 14/01/2019 3.30 P M – 4. 30 P M

This was a practical session. A mock interview was conducted in which the mentees are given the roles of interviewers and interviewees alternatively. It gives an opportunity to practice the interview skills that the mentees got in their external mentoring session.







COD CIF File <http://www.crystallography.net/cod/2100189.html>

Formula C Ca O₃

Quality C (calculated pattern)

I/σ 3.65

Reference Caspi, Elad N. Pokroy, Boaz Lee, Peter L. Quintana, John P. Zolotoyabko, Emil, Acta Crystallographica Section B, **61** (2005)

Space Group R -3 c :H (167)

Crystal system Trigonal (hexagonal axes)

Cell parameters a=4.9870 Å c=17.0580 Å

Cell volume 367.40 Å³

Z 6

Wavelength 1.54056 Å



Session 8: 16/01/2019 3.30 P M – 4. 30 P M

This session was an evaluation of the mock interview session. The recorded videos are presented and the mentees are directed to identify the mistakes happened during the interview and the methods to overcome them. A positive criticism by the mentor and their co mentees was very much useful to the mentees to develop their skills.

Session 9: 18/02/2019 3. 30 – 4. 30 P M

This was a debate session. A debate was held on the topic “is war a solution”. The mentees are divided into two groups and one group is directed to stand for the war and the other team against. The roles are assigned by tossing coin. Both the teams presented very actively and the against team won the prize. The for team also presented very effectively by providing new definitions and dimensions to the concept of war.



Session 10: 22/02/2019 3.30- 4.30 P M

“The greatest gift that you can give to your family and the world is a healthy you.” This session was on health and hygiene. The mentees were given a general awareness on health and hygiene. The mentees were asked to share their daily routine and a discussion was

held on the areas to be changes and improved for a healthy mind and body.



“Personality is the original personal property”. Through the internal mentoring sessions the internal mentor tried to cover the different aspects of personality development. All the mentees are actively participated in the sessions. They show interest in different activities. It gave an opportunity to the mentor to create a personal relationship with the students. The mentees shared their personal and academic issues with an open mind. This will be very much useful to plan the extend of mentoring to each mentees. Apart from the above mentioned sessions a

questionnaire on life skill and youth empowerment is provided to the mentees. After analysing their responses a discussion was held with the mentees in which they are given directions on the areas to be improved.

Activity Report Of WWS

Name of the mentor: Aneeshya C. A.

Session 1

Give a brief Introduction about the WWS and Scope of the Program. All the mentees were present.



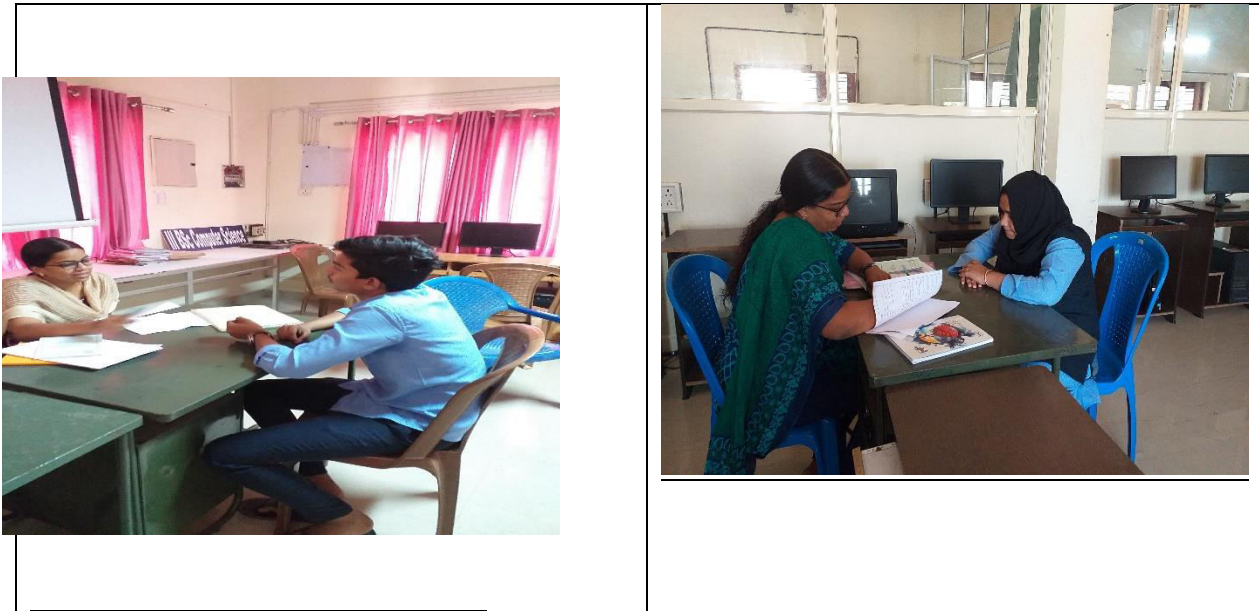
Session 2

Self Introduction and Interaction. In the session all the mentees gave a detailed introduction. All mentees interacted frankly. There was an ice breaking session also. It makes the mentees more comfortable in the remaining session.



Session 3

Conduct a personal interaction with the mentees. I had frequent personal interaction with students which enabled to understand them more deeply and to have a support. Students feel free to expose themselves when they got a chance for personal chart. Students really feel close to me, the mentor. I feel them taking this programme very positive and fruitful.



Session 4

Discussed about the mentees life ambition. All mentees have a clear dream. They were really excited to express their thoughts. We discussed the different ways to attain their Goals. As a mentor I could impress them by explaining the struggles that I faced in the ways to attain my dreams.

Session 5

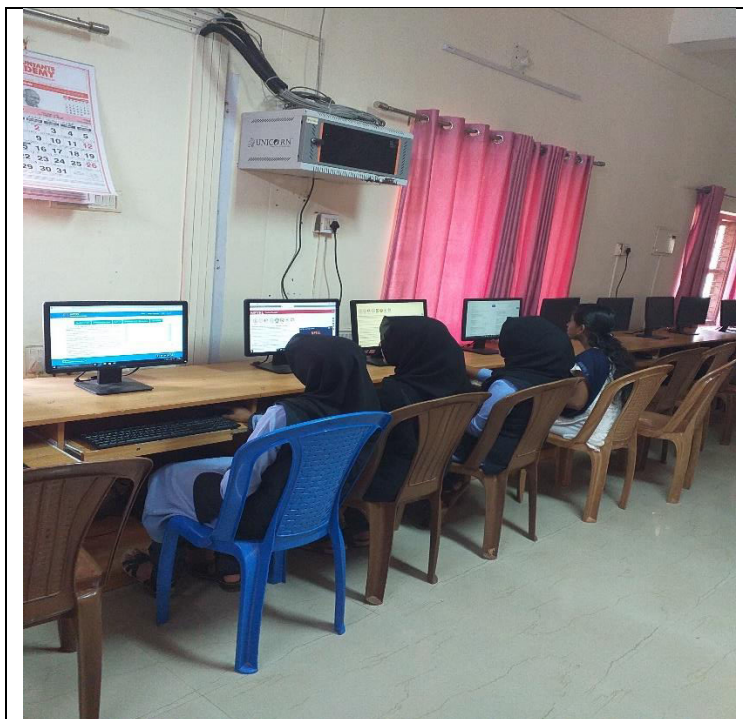
Assigned a work to list out their strength and weakness. I gave few days to think about the strength and weakness. They completed the work as soon as possible. They submitted a detailed list. It help them to know the problems they have.

Session 6

Discussed the ways to eliminate their weakness and enrich their strength.

Session 7

Give computer awareness class, and making use of online study materials. My mentees were not confident in computer. I gave an awareness class for the mentees, that help them to use office tools and online materials. They registered for some online courses also. Now they are doing some NPTEL courses .



Session 8

Discussed about the learning and teaching methods .

It was an interactive session. Actually I plan to discuss the online methods only. But my mentees mentioned the different teaching method used by their teachers and the problems they faced in the class room. It give a chance to improve my teaching method also.



Session 9

Group Discussion about the problems in higher education. The students were more active in this session. They point out the different problems in the higher education. Students have the ability to express their thoughts and views. They were very much interested in group discussion. We planned to conduct group discussion on different topics in coming days.

Session 10

How to face interview.

Walk With Scholar

Report of internal mentoring sessions 2018-19

Name of the internal mentor:

Fathima A V

Assistant Professor

Department of Commerce

MES Ponnani College

Names of Mentees

:

1. Mohammed Anfal
MohyudheenSecond year B B A
2. Manjugayathri V Secondyear B Com
3. AyishaBeevi K Second year B Com

4. FarhaJabin P H Second year B Com
5. AshiqueKunnattayil
 Mohamed Secondyear B Com
6. Rashikka R V Second year B Com

Session 1: 12/10/2018 3.30PM – 4.30 PM

It was an icebreaking session for creating an acquaintance among mentor and mentees started with a formal description about the importance of internal mentoring and ended with a discussion on the activities that are to be carried out.



Session 2: 26/10/2018 3.30 PM -4.30 PM

This was a practical session. A mock interview was conducted in which the mentees are given the roles of interviewers and interviewees alternatively. It gives an opportunity to practice the interview skills that the mentees got in their external mentoring session.



Session 3: 14/11/2018 3.30 PM – 4.30 P M

It is a personal counselling session in which individualised counselling was given to the mentees. Mentees are given the opportunity to share all their problems both personal and academic. 20 minutes are given for each mentees.



Session 4: 22/11/18 3.30 P M – 4. 30 P M

This was a debate session. A debate was held on the topic “Demonetization and Crypto currency”.



Session 5: 4/12/2018 3.30 P M – 4. 30 P M

A mini workshop on the topic “Research methodology” was conducted.

Key areas

- Article writing
- Use of Reservoirs like ‘Shodhganga’
- Preparation of slides using powerpoint



Session 6: 01/02/2019 3.30 P M – 4. 30 P M

A presentation session was conducted for the mentees on the topic “RBI Issues” to improve their presentation skills and it was an opportunity to apply the ideas that they have got from the previous “Research Methodology” session.



Session 7: 14/02/2019 3.30 P M – 4. 30 P M

Mentees are directed to read a business article and to write review about that.



Session 8: 15/02/2019 3.30 P M – 4. 30 P M

This session was an evaluation of the article review session. Group discussions were made on the 'Reviews' by using TCI model.



Session 9: 18/02/2019 3. 30 – 4. 30 P M

This was a Bio data preparation session. First of all, mentees were familiarised with model resumes by the mentor and directed to prepare their own resumes.



Session 10: 22/02/2019 3.30- 4.30 P M

“The greatest gift that you can give to your family and the world is a healthy you.” This session was on health and hygiene. The mentees were given a general awareness on health and hygiene. The mentees were asked to share their daily routine and a discussion was

held on the areas to be changes and improved for a healthy mind and body.



Report of Walk With Scholar Programme 2018-19

I, Dr. V. Santhosh, Assistant Professor, Department of Geology, MES Ponnani College got six second year UG students from Geology and Computer Science students as mentees this year. They are:

- 1) Devika S Panicker
- 2) Arsha
- 3) Hrishikesh, R
- 4) Vismaya, V
- 5) Shahnas Sherin
- 6) Mohammed Safi, PP

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In the sixth sessions, we had discussion on time and stress management. They all acted in the simulated situations of mock interviews. In the seventh session we discussed some common essay and speech topics. It was a vibrant discussion on major social issues.

We also had discussions on cyber crimes and opportunities in cyber world, gender issues and the need for women empowerment and impact of social media among youth in our eighth, ninth and tenth respectively.

All the students actively participated in all sessions and opined that it was really beneficial for them.